

Privacy Notice – NHS Borders Child Healthy Weight Service: Fit4Fun Families**NHS Borders Child Healthy Weight Service: Fit4Fun Families**

June 2021

**What service is being provided?**

The Borders Child Healthy Weight Service: Fit4Fun Families is a free healthy lifestyle programme for families. Our experienced team can support families to make positive lifestyle changes. Our family focused programme offers practical tips for healthy eating and getting more active.

A Specialist Dietitian will complete an initial conversation appointment to discuss what support may be best suited for the child/young person.

Tier 2 is a lifestyle intervention for children/young people which is family based, multicomponent approach delivered as 1:1 or group sessions by trained Specialists and Dietitians.

Tier 3 is the Specialist Dietetic lead service with 1:1 clinics available for those families needing some additional support or who are not suitable to engage with a group programme.

**What personal data do we need from you?**

We collect, use and store information about you such as your

- Name
- Address
- CHI number (your unique NHS identification number in Scotland)
- Date of birth

**What 'special types' of personal data do we need from you?**

- Communication needs
- Any declared disabilities or additional support needs
- Ethnicity and gender
- Your health needs potentially including: height, weight, Body Mass Index (BMI), BMI centile and relevant medical and social history  
Lifestyle such as your diet, how active you are, and your mental wellbeing

**Who will be using your personal data?**

Your information will be shared with other NHS Borders departments and NHS Scotland and used to produce statistical reports to help us find ways to improve our service and plan for the future.

**What will it be used for and what gives us the right to ask for it and use it?**

The information we collect about you is to make sure that we fully understand the support and care you need, to review your progress, to keep you safe. From time to time we may also ask you for feedback to help us improve our service. If you choose to opt out of this your care will not be impacted

We collect and use your information to meet our duties as a healthcare/social care provider under National Health Service (Scotland) Act 1978.

Our legal basis for using your personal data is "Public Task" – it is necessary in order for us to deliver our responsibilities as an NHS organisation

Our legal basis for using your special personal data is "Provision of Health and Social Care"

**Who else might we share your data with?**

We may be required to share certain data with other public bodies such as the Care Inspectorate and will do so where the law requires this.

In general we do not transfer personal data outside either the UK or Europe. On the rare occasions where we do so, we will tell you. We will only transfer data outside the UK and Europe if we are satisfied that the organisation that will handle the data and the country it is being transferred will look after the information properly and securely.

**How long will your data be kept?**

Your data will be kept as part of your medical record and will be retained in accordance with the NHS Borders Records Management Policy.

[https://www.nhsborders.scot.nhs.uk/media/155424/nhsb\\_records\\_management\\_policy.pdf](https://www.nhsborders.scot.nhs.uk/media/155424/nhsb_records_management_policy.pdf)

**Our use of your data will be subject to the following legal rights:**

Data Protection provides you with the right to ask whether we are holding and using your personal data; what personal data we are using; who we share it with; how long we will keep the data for and what your rights are over how it is used.

You can:

- Request a copy of or access to your personal data
- Request that access to your personal data is restricted
- Request that any inaccuracies recorded are corrected

- Raise an objection and request that we stop using your personal data
- Request that you are not subjected to automated decision making
- Request for your personal data to be transferred to another organisation

You can make a request at any time to the data protection officer at NHS Borders using the contact details provided below.

**We may also receive personal information about you from others:**

We may receive additional appropriate information from others throughout the duration of the get moving with counterweight programme which may include: your local GP practice, Hospital outpatient service and other NHS services.

**Visit the following links for more information about Privacy Law, our obligations and your Rights:**

The ICO Guide to the General Data Protection Regulation 2016 -  
<https://ico.org.uk/for-organisations/guide-to-data-protection/guide-to-the-general-data-protection-regulation-gdpr/>

The General Data Protection Regulation 2016—<https://eur-lex.europa.eu/legal-content/EN/TXT/PDF/?uri=CELEX:32016R0679&from=EN>

**If you have concerns over the way we are asking for or using your personal data, please raise the matter with our Data Protection Officer by the following means:**

Postal Address

Data Protection Officer,  
Information Governance Team,  
NHS Borders  
Kelso Hospital  
Inch Road  
Kelso  
TD5 7JP

Email

[DPO@borders.scot.nhs.uk](mailto:DPO@borders.scot.nhs.uk)

**If you still have concerns following our response you have the right to raise the matter with the Information Commissioner's Office:**

Postal Address

Information Commissioner's Office,  
Wycliffe House,  
Water Lane,  
Wilmslow, Cheshire, SK9 5AF

Online Form

<https://ico.org.uk/concerns/handling/>

Phone Number

0303 123 1113