

NHS Borders COPD Inhaler Chart October 2018

*Patient classed as an exacerbator if had ≥ 2 exacerbations previous 12 months OR 1 which resulted in hospital admission

START

Salbutamol (SABA) as required for SOB/wheeze. Continue SABA throughout treatment.

May also use SAMA (Ipratropium) though if using regularly change to LAMA.

Do not use SAMA with LAMA (inc. nebs)

LAMA - Use LAMA if minimal symptoms MRC 1 or 2 or CAT <10. Otherwise use LAMA/LABA

LAMA
(MRC 1 or 2 OR CAT <10)

Spiriva Respimat (£23)
2 doses once a day

Incruse Ellipta (£27.50)
One dose each day

Seebri Breezhaler (£27.50)
One dose each day

(Eklira Genuair is a BD option, £28.60)

LAMA/LABA – use LAMA/LABA first line if MRC > 2 or CAT ≥ 10

LAMA + LABA
(MRC >2 OR CAT ≥ 10)

Spiolto Respimat (£32.50)
2 doses once a day

Anoro Ellipta (£32.50)
One dose each day

Ultibro Breezhaler (£32.50)
One dose each day

(Duaklir Genuair is a BD option, £32.50)

LAMA/LABA will be the preferred and **ONLY** option for the majority of COPD patients .

Persistent symptoms **AND** classed as an **EXACERBATOR*** **AND** using LAMA/LABA correctly then may try **TRIPLE**. Evidence is that ICS unlikely to be effective if patient is a current smoker with low range blood eosinophils **NON – Pharmacological management is vital for all COPD pts –inc. smoking cessation support/vaccs / increased physical activity/weight loss if appropriate etc.**

Respimat device is a fine mist – *slow and steady inhalation*
Ellipta device is a prefilled dry powder (DPI) – *inhale hard and fast*
Breezhaler device is a DPI with capsule – *inhale hard and fast*
Genuair is a BD prefilled DPI – *inhale hard and fast*
Remind your patient to breathe out... inhale as above... HOLD

LAMA + LABA
+ ICS

TRIPLE THERAPY

LAMA + LABA + ICS

Trelegy Ellipta (£44.50)
DPI One puff OD

Trimbow MDI (£44.50)
Two puffs BD via spacer