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## Contents Page

Statement of Intent	3
Introduction	3
Definition	4
Standards	5
References	10
Responsibilities	12
Implementation Plan	13
Review Group Membership	14
Appendix 1 NHS Borders Clinical Abbreviations List	15

Please note that this Policy **only** deals with the completion of health records. It does **not** specifically address the sharing of information with other agencies. This information can be found in the NHS Borders & Scottish Borders Council Information Sharing Protocol.<sup>8</sup>

## Statement of Intent

NHS Borders is committed to the delivery of safe, effective and person centred clinical care to all its patients. Complete and accurate record keeping is fundamental to this. This Policy provides the framework so that all NHS Borders patients will have a personal record of their care, including regular evaluation of treatments given. NHS Borders will scope the number of potential records of an individual's care and work towards developing truly integrated health records.

The aims of the Completion of Health Records Policy are to set standards for:

- quality of documentation
- principles for systematic clinical audit of health records
- a process of continuous improvement of record keeping in response to clinical audit results.

This policy applies to any and all documents that form health records. The principles set out in the policy apply to both manual and electronic health records.

## Introduction

All trained staff have a professional and legal duty to plan and record all care and treatments given to their patients. Evaluation of all care must also be made and recorded. Both local and national drivers highlight the importance of record keeping:

- Guidelines on Record Keeping published by various Professional Bodies e.g. Nursing and Midwifery Council, Health Professions Council and Royal College Physicians <sup>11,12,14,15</sup>
- National Standards e.g. Clinical Governance and Risk Management Standards, NHS QIS 2005<sup>1</sup>
- Local Clinical Audits e.g. NHS Borders Completion of Health Records Audit<sup>4</sup>
- Scottish Public Ombudsman Reports <sup>5</sup>

It is the responsibility of **all** staff giving direct care, whether a registered practitioner or someone in a support role, to make a note of all encounters and interventions relating to the patient in the appropriate section of the patient's health record.

The approach to record keeping which courts of law adopt tends to be that 'if it is not recorded, it has not been done'.

Well maintained records ensure:

Completion of Health Records Policy

October 2014 3

- staff working more efficiently and effectively by eliminating waste in respect of time spent searching for information
- an audit trail is provided in respect of all health record entries and alterations
- clarity regarding what has been done, what is required to be done and the rationale for this in respect of patient care and treatment

All electronic records held or transmitted are subject to the same controls as manually held records.

## **Definition of a Health Record**

The majority of NHS information about patients, whether electronic or paper, falls into the category of a **health record**. The exception to this is anonymised data. The health record details the physical or mental health of a person and is made by, or on behalf of, a health professional in connection with that person's care.

The Data Protection Act 1998<sup>2</sup> refers to health records as any record which:

- consists of information relating to the physical or mental health condition of an individual
- has been made by or on behalf of a health professional in connection with the care of that individual

A health record is anything that contains information, which has been created or gathered as a result of any aspect of the delivery of patient care.<sup>3</sup>

## Standards

### 1. **Comprehensive records will be kept of all assessment, care, treatment and evaluation carried out.** <sup>6,10,13,17</sup>

- all assessments will be recorded showing clearly the process followed and plan of care agreed with the patient where appropriate
- every record will include generic information to be used by all professionals. The patient should only be asked for this information once
- assessment of any risks will be identified and the management plan recorded
- health records will include all letters, prescriptions and referral documentation relating to the patient's care.

### 2. **All patients' records will be an up to date, accurate statement of their condition, the action taken to respond to their needs and their outcomes.**

- all records will be:
  - factual and consistent <sup>11,12,13</sup>
  - patient centred to include all clinical information, enable communication and reduce duplication.
- all entries will:
  - be recorded as soon as possible after any encounter or intervention relating to the patient and/or aspect of their care and treatment <sup>11,12,14,15</sup>
  - include any information, verbal or written given to the patient about their care or condition <sup>15</sup>
  - clearly record the clinical content when contact has been by telephone and advice given
  - include any discussions with patient/family concerning treatment, care outcomes and establishment of likes/preferences
  - for community staff caring for patients with Patient-held records, telephone contact information, need to be recorded on the next visit to the patient. In these circumstances it is good practice to make a temporary note of the conversation so that an accurate record can be made.
  - where hospital based staff caring for patients with Patient-

held records do not have access to the Patient-held record, e.g. patients receiving ante-natal care, in these circumstances telephone contact information will be entered in the patient's hospital health records. Where a form for recording messages is available, this will be completed and inserted in the patients health records.

- any information added to the BGH base documentation/hospital record should also be documented in the Patient-held record.
- if the Patient-held record is not available – anything pertinent to ongoing care in the community should be sent out to relevant care providers to be added to Patient-held records.
- All care plans will show:
  - a clearly stated review date and evidence of evaluation and amended plans where relevant
  - involvement of the patient and or carers where this has been possible <sup>17</sup>
  - all arrangements for discharge, transfer or continuing care. <sup>6,10</sup>

### **3. All NHS Borders patient health records will be of an acceptable quality. <sup>1</sup>**

- every page in the health record will be headed with the patient's identifying details. In the case of manually held records this ideally will be a pre-printed label that includes the patient's name and Community Health Index (CHI) number
- in manually held records patient pre-printed identity labels can occasionally be misfiled in wrong patient's health record, staff must ensure that the patient details on any identity label are correct and relate to the right patient before attaching the label to a health record
- entries in the patient's healthcare record must not contain unsupported value judgements or be made in a manner that may cause unnecessary offense to the patient. Subjective offensive statements are **never** acceptable. This applies equally to manually held and electronic records. Cognisance must be given to the reproducible nature of electronic records thus making it equally important to give due consideration to the content and subjectivity of entries in these as is the case with manually held records. <sup>10,11,12,13</sup>

- all written entries will be:
  - in black ink so that they cannot be erased and will be legible if photocopied <sup>11,12,13</sup> – pharmacists will make entries in green ink
  - dated, timed and signed by the individual making the entry and name and designation/profession/job title of the person responsible for the entry must be clearly printed in capitals, at their first entry on each page
  - where the healthcare record has a Staff Identification Sheet, as proposed for the BGH and Community Hospital Nursing Care Plan, this must be completed prior to an individual making a first entry in the health record and thereafter all entries must be initialled and dated.
  - legible <sup>14,16</sup>
- use of abbreviations should be avoided. <sup>15</sup> When abbreviations are used they will be taken from the NHS Borders Clinical Abbreviations list - Appendix 1
- entries must where possible be in language that is easily understood by the patient. Medical information cannot easily be expressed in plain English and is exempt from this
- all **changes or additions** made to manually held records will:
  - be clearly dated, timed and signed with the name and designation/profession/job title of the person responsible for the change/addition <sup>17</sup>
  - in the case of corrections, the entry will be deleted by **scoring it out with a single line** so that the original entry can still be read, All corrections must be dated, timed and signed <sup>11,12,15</sup> Any changes must be made at the time of making the initial entry, not retrospectively. An update to the original entry may be made at a later date. Any update must be dated, timed and signed.
- **changes must not be made to another individual's entry.** Additional information may be included. Any additions must be clearly dated, timed and signed with the name, and designation/profession/job title of the person responsible for entering the additional information <sup>17</sup>

**4. All staff must ensure that all entries made in electronic records are logged using their own individual log on. Electronic records are supported by audit trails that identify who has made the entry, when, where and what is recorded.**

- an individual is accountable for all entries made using their account<sup>18</sup>
- a member staff must not share their log on with another member of staff <sup>18</sup>
- staff must ensure they log out of the system when finished making an entry in a health record <sup>18</sup>

**5. Healthcare records will be managed and maintained in accordance with NHS Borders Records Management Policy, <sup>9</sup> NHS Borders Health Records Management Policy <sup>18</sup> and NHS Borders Medical Records Procedures.**

- all loose papers will be filed and secured in the healthcare record at the earliest opportunity to ensure a complete and contemporary record is maintained to help safeguard high quality patient care.

**6. A representative sample of records, selected at random, from all clinical areas, will be audited at least annually.**

- the audit tool is designated for use in all clinical areas, and can be used for any record completed by any disciplines.
- the Clinical Audit Support Team will assist clinical teams by providing an electronic data collection tool for the audit and support co-ordination as required
- the line manager for each clinical area is responsible for ensuring that records are kept to the standards set by the Policy and that audit is undertaken
- each clinical area will submit data every two years to the Clinical Audit Support Team, who will amalgamate the reports to form the NHS Borders Completion of Records Annual Audit Report
- standards are set for each of the audit criteria at 100%. Targets should be set in each clinical area to improve on current record keeping practice by setting targets for each of the individual criteria. These will be informed by annual audit results
- the Clinical/Integrated Boards will have the overall responsibility for monitoring compliance with the Policy and will receive clinical audit reports and where applicable monitor progress of improvement plans
- review of health records will in part inform the annual appraisal process and contribute to team development.



- 6. On discharge from all treatments the patient's health records will be held securely, in accordance with the Data Protection Policy. <sup>7</sup>**

## References

1. NHS Quality Improvement Scotland, Clinical Governance and Risk Management Standards, 2005
2. Data Protection Act 1998  
<http://www.legislation.gov.uk/ukpga/1998/29/contents>
3. NHS Scotland Personal Health Records Policy for NHS Boards: Guidance Note 002  
<http://www.scotland.gov.uk/Resource/Doc/310126/0097859.pdf>
4. NHS Borders, Completion of Health Records Audit, Borders General Hospital, 2003, 2004, 2006, 2008, 2010, 2014
5. Scottish Patient Safety Ombudsman, [www.spsso.org.uk/](http://www.spsso.org.uk/)
6. NHS Borders & Scottish Borders Council, Adult Patient Transfer/Discharge Transfer Policy, 2011
7. NHS Borders, Data Protection Policy, 2014
8. Scottish Borders Multi Agency Information Sharing Protocol, 2006
9. NHS Borders Records Management Policy, 2012
10. Health Record and Communication Practice Standards for Team Based Care, NHS Information Standards Board, 2004  
[http://www.isb.nhs.uk/about/publications/healthrec\\_compractice.pdf](http://www.isb.nhs.uk/about/publications/healthrec_compractice.pdf)
11. Record keeping: Guidance for nurses and midwives, 2009
12. The Code: Standards of conduct, performance and ethics for nurses and midwives [www.nmc-uk.org/Publications/Standards/The-code/](http://www.nmc-uk.org/Publications/Standards/The-code/)
13. NHS Professional Guidelines on Record Keeping, 2010  
<http://www.nhsprofessionals.nhs.uk/download/comms/cg2%20-%20record%20keeping%20clinical%20guidelines.pdf>
14. Health Professions Council Standards, 2012 <http://www.hcpc-uk.org/assets/documents/10003B6EStandardsofconduct,performanceandethics.pdf>
15. Royal College of Physicians, Standards for the clinical structure and content of patient, 2013  
<https://www.rcplondon.ac.uk/resources/standards-clinical-structure-and-content-patient-records>

16. Royal College of Surgeons, Good Surgical Practice, 2008  
<http://www.rcseng.ac.uk/associates/docs/gsp2008>
17. Royal College of Psychiatrists, Good Psychiatric Practice, 2009  
<http://www.rcpsych.ac.uk/files/pdfversion/cr154.pdf>
18. NHS Borders IT Security Policy

## Responsibilities

Role	Responsibilities
<b>Medical Director and Director of Nursing and Midwifery</b>	Will secure agreement on the Completion of Health Records system and procedures.
<b>Associate Medical Directors/Associate Directors of Nursing/General Manager/Director of Pharmacy/Associate Director AHP</b>	<p>Will incorporate compliance and audit of Completion of Health Records systems within objectives with the aim of improving standards of care.</p> <p>Must ensure that time is given to facilitate the completion of records.</p>
<b>Clinical Governance and Quality</b>	Will support compliance with the Policy, through audit.
<b>Service/Operational/Ward/ Departmental Managers</b>	<p>Must supervise compliance with the Policy, and to organise ongoing audits.</p> <p>Will identify additional time to facilitate the completion of records, if required.</p> <p>Must ensure that audit results are part of performance appraisal and personal development plans.</p> <p>Will facilitate random review of health records as part of the annual appraisal process and team development.</p>
<b>Individual Clinicians</b>	<p>Must maintain records of patient's treatment in accordance with the Policy.</p> <p>Must allocate adequate time to complete the record.</p> <p>Must participate in the audit process relating to this policy.</p> <p>Will participate in random review of health records as part of the annual appraisal process and team development</p>

# Implementation Plan

## 1. Professional responsibilities

- **Associate Medical Directors/Associate Directors of Nursing/General Manager/Director of Pharmacy/Associate Director AHP**
  - Disseminate and support implementation of the policy
- **Clinical Governance and Quality**
  - Support compliance with the Policy and Audit of compliance
- **Clinical Executive Operational Group**
  - Agree and sign off the updated Policy
- **Service/Operational/Ward/Departmental Managers**
  - Implement the Policy in their areas
  - Supervise compliance with the Policy, organise audits as per the policy
  - Respond to audit results and take corrective action if required
  - Ensure completion of health record review is part of the annual appraisal process and team development
- **Clinicians**
  - Ensure that their record keeping practice complies with this Policy
  - Participate in regular audit and engage in training and development as necessary
  - Participate in review of health records as part of the annual appraisal process and team development

## 2. Audit

The standards will be audited:

- Clinical teams will audit records for their area
- Audit results will be sent to Clinical Governance and Quality
- Clinical Governance and Quality will collate and report on all audit results
- Clinical Governance Groups within each Clinical/Integrated Board will develop and submit an improvement action plan in response to results for their board area to the Clinical Governance and Quality

## 3. Review

The policy will be reviewed two years after issue or following any change in National Standards. The results of Clinical Audits of Health Records will be used to inform policy review

## **Review Group Membership 2014**

All listed below were invited to contribute to the review process

Karen Grieve	Associate Director of Nursing, Primary and Community Services
George Ironside	Senior Health Information Manager
Diane Keddie	Interim Associate Director of Nursing – Acute Services
Jonathan Kirk	Associate Medical Director, Primary & Community Services
Morag McQuade	Clinical Director Dent Salaried and Community Dental Services
Karen McNicoll	Associate Director AHP
Hamish McRitchie	Associate Medical Director, Acute Services
Anne Palmer	Clinical Governance & Quality Facilitator, Clinical Effectiveness
Marion Paterson	Team Manager, Learning Disabilities Service
Cliff Sharp	Associate Medical Director, Mental Health Service
Isabel Swan	Associate Director of Nursing, Mental Health Service

## Appendix 1 NHS Borders - Clinical Abbreviations List

<b>AAA</b>	Abdominal Aortic Aneurysm
<b>ABG</b>	Arterial Blood Gases
<b>ACL</b>	Anterior Cruciate Ligament
<b>ACP</b>	Anticipatory Care Plan
<b>ADHD</b>	Attention Deficit Hyperactivity Disorder
<b>ADL</b>	Activities of Daily Living
<b>AF</b>	Atrial Fibrillation
<b>AIDS</b>	Acquired Immune Deficiency Syndrome
<b>ALS</b>	Advanced Life Support
<b>ALT</b>	Alanine aminotransferase
<b>APH</b>	Antepartum Haemorrhage
<b>AXR</b>	Abdominal X-ray
<b>ASD</b>	Atrial Septal Defect
<b>ASAP</b>	As Soon As Possible
<b>AV</b>	Atrial Ventricular/Arterio Venus
<b>AVR</b>	Aortic Valve Replacement
<b>Ba</b>	Barium
<b>BBV</b>	Blood Borne Virus
<b>BCG</b>	Bacille Calmette Guerin
<b>BMI</b>	Body Mass Index
<b>BP</b>	Blood Pressure
<b>Ca</b>	Carcinoma
<b>Ca<sup>2+</sup></b>	Calcium
<b>CABG</b>	Coronary Artery Bypass Graft
<b>CBT</b>	Cognitive Behavioural Therapy
<b>CCF</b>	Congestive Cardiac Failure
<b>C-dif</b>	Clostridium difficile
<b>CNS</b>	Central Nervous System
<b>c/o</b>	Complains of
<b>COPD</b>	Chronic Obstructive Pulmonary Disease
<b>CPR</b>	Cardio Pulmonary Resuscitation
<b>C&amp;S</b>	Culture and Sensitivity
<b>CSF</b>	Cerebro-Spinal Fluid
<b>CT</b>	Computerised Tomography
<b>CVA</b>	Cerebrovascular Accident
<b>CVP</b>	Central Venous Pressure
<b>CXR</b>	Chest X-ray
<b>DBT</b>	Dialectical Behaviour Therapy
<b>D&amp;C</b>	Dilation and Curettage
<b>Detox</b>	Detoxification
<b>DNA</b>	Did Not Attend
<b>DNACPR</b>	Do Not Attempt Cardiopulmonary Resuscitation

<b>DOB</b>	Date of Birth
<b>DSH</b>	Deliberate Self Harm
<b>DTTO</b>	Drug Treatment and Testing Order
<b>DU</b>	Duodenal Ulcer
<b>D&amp;V</b>	Diarrhoea and Vomiting
<b>DVT</b>	Deep Venous Thrombosis
<b>ECG</b>	Electrocardiogram
<b>ECS</b>	Emergency Care Summary
<b>ECT</b>	Electro-Convulsive Therapy
<b>EEG</b>	Electroencephalogram
<b>eKIS</b>	Electronic Key Information Summary
<b>ENT</b>	Ear, Nose and Throat
<b>ESR</b>	Erythrocyte Sedimentation Rate
<b>ET Tube</b>	Endotracheal Tube
<b>FBC</b>	Full Blood Count
<b>FD</b>	Forceps Delivery
<b>FFP</b>	Fresh Frozen Plasma
<b>FH</b>	Family History
<b>FOB</b>	Faecal Occult Blood
<b>FROM</b>	Full Range Of Movement
<b>F/U</b>	Follow-up
<b>GA</b>	General Anaesthetic
<b>GCS</b>	Glasgow Coma Scale
<b>GI</b>	Gastro Intestinal
<b>GU</b>	Genito-urinary
<b>Gynae</b>	Gynaecology
<b>GUM</b>	Genito-Urinary Medicine
<b>γGT/ GGT</b>	Gamma-Glutamyl Transferase
<b>Hb</b>	Haemoglobin
<b>HDU</b>	High Dependency Unit
<b>Hep A/B/C</b>	Hepatitis A/B/C
<b>HIV</b>	Human Immunodeficiency Virus
<b>H/O</b>	History Of
<b>HPV</b>	Human Papilloma Virus
<b>HR</b>	Heart Rate
<b>HS</b>	Heart Sounds
<b>Ht</b>	Height
<b>IBS</b>	Irritable Bowel Syndrome
<b>IM</b>	Intramuscular
<b>IMP</b>	Impression
<b>INR</b>	International Ratio
<b>INHALE</b>	Inhalation



<b>IPCU</b>	Intensive Psychiatric Care Unit
<b>IQ</b>	Intelligence Quotient
<b>ISQ</b>	In Status Quo (no change)
<b>ITU</b>	Intensive Treatment Unit
<b>IUD/IUCD</b>	Intra Uterine Device/ Intra Uterine Contraceptive Device
<b>IV</b>	Intravenous
<b>IVAD</b>	Intravenous Drug Abuser
<b>IVI</b>	Intra Venous Infusion
<b>IVF</b>	In Vitro Fertilisation
<b>K+</b>	Potassium
<b>LA</b>	Local Anaesthetic
<b>LFT</b>	Liver Function Test
<b>LIF</b>	Left Iliac Fossa
<b>LIH</b>	Left Inguinal Hernia
<b>LOC</b>	Loss Of Consciousness
<b>LP</b>	Lumbar Puncture
<b>LUSCS</b>	Lower Uterine Segment Caesarean section
<b>LUQ</b>	Left Upper Quadrant
<b>MCV</b>	Mean Corpuscular Volume
<b>ME</b>	Myalgic Encephalomyelitis
<b>Med Rec</b>	Medicines Reconciliation
<b>Mg+</b>	Magnesium
<b>MI</b>	Myocardial Infarction
<b>MMR</b>	Mumps, Measles, Rubella
<b>MRI</b>	Magnetic Resonance Imaging
<b>MRSA</b>	Methicillin Resistant Staph Aureus
<b>MS</b>	Multiple Sclerosis
<b>MMSE</b>	Mini Mental State Examination
<b>MSSA</b>	Methicillin-sensitive Staphylococcus aureus
<b>MSSU</b>	Mid Stream Specimen of Urine
<b>Na+</b>	Sodium
<b>NAD</b>	No Abnormality Detected
<b>NBI</b>	No Bone Injury
<b>NEB</b>	By Nebulisation
<b>NG</b>	Naso Gastric
<b>NOF</b>	Neck of Femur
<b>NOK</b>	Next of Kin
<b>NPI</b>	Neuro-Psychiatric Inventory
<b>O<sub>2</sub></b>	Oxygen
<b>OA</b>	Osteoarthritis
<b>Obs</b>	Observations

<b>OD</b>	Overdose
<b>P</b>	Pulse
<b>PE</b>	Pulmonary Embolism
<b>PEG</b>	Percutaneous Endoscopic Gastroscopy
<b>PFR</b>	Peak Flow Rate
<b>PM</b>	Post Mortem
<b>PMH</b>	Past Medical History
<b>POP</b>	Plaster Of Paris
<b>Post OP</b>	After Operation
<b>PPH</b>	Post Partum Haemorrhage
<b>PR</b>	Per Rectum
<b>Pre OP</b>	Before Operation
<b>PTSD</b>	Post Traumatic Stress Disorder
<b>PV</b>	Per Vaginum
<b>PVD</b>	Peripheral Vascular Disease
<b>RA</b>	Rheumatoid Arthritis
<b>RDS</b>	Respiratory Distress Syndrome
<b>Rehab</b>	Rehabilitation
<b>Rh</b>	Rhesus Factor
<b>RIF</b>	Right Iliac Fossa
<b>RIH</b>	Right Inguinal Hernia
<b>ROM</b>	Range Of Movement
<b>RSI</b>	Repetitive Strain Injury
<b>RTA</b>	Road Traffic Accident
<b>RUQ</b>	Right Upper Quadrant
<b>Rx</b>	Treatment
<b>SAB</b>	Staphylococcus Aureus Bacterium
<b>SAH</b>	Subarachnoidal Haemorrhage
<b>SC</b>	Subcutaneous
<b>SIRS</b>	Systematic Inflammatory Response Score
<b>SL</b>	Sublingual
<b>SM</b>	Systolic Murmur
<b>SOB</b>	Shortness Of Breath
<b>SOL</b>	Space Occupying Lesion
<b>SPR</b>	Specialist Registrar
<b>SR</b>	Sinus Rhythm
<b>Staph</b>	Staphylococcus
<b>STD</b>	Sexually Transmitted Disease
<b>T</b>	Temperature
<b>TB</b>	Tuberculosis
<b>TED</b>	Thrombo Embolic Deterrents
<b>TENS</b>	Transcutaneous Electro Nerve Stimulation
<b>THR</b>	Total Hip Replacement

<b>TIA</b>	Transient Ischaemic Attack
<b>TPN</b>	Total Parenteral Nutrition
<b>TPR</b>	Temperature, Pulse, Respiration
<b>TOP</b>	Topical
<b>TURBT</b>	Transurethral Resection of Bladder Tumour
<b>TURP</b>	Transurethral Resection of Prostate
<b>UC</b>	Ulcerative Colitis
<b>U&amp;E</b>	Urea and Electrolyte
<b>USS</b>	Ultrasound
<b>UTI</b>	Urinary Tract Infection
<b>UV</b>	Ultra Violet
<b>VF</b>	Ventricular Fibrillation
<b>VT</b>	Ventricular Tachycardia
<b>WBC</b>	White Blood Cell Count
<b>Wt</b>	Weight
<b>X-Match</b>	Cross Match
<b>#</b>	Fracture