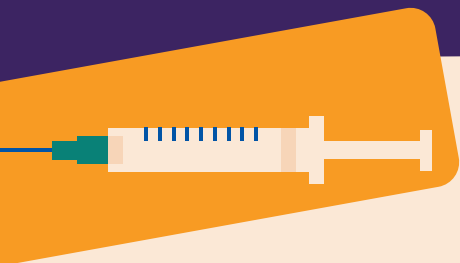


Six myths you need to know about naloxone!

Naloxone works on opioids including: heroin, nitazenes, methadone, tramadol, codeine, morphine, fentanyl, dihydrocodeine, oxycontin.



Myth #1

I don't need naloxone, I don't use heroin

Reality

The drug supply is changing and synthetic opioids are being cut into other drugs, such as benzodiazepines and cocaine.

Contaminated drugs often look like a usual batch, but because they contain more dangerous substances, the risk of overdose increases.

Naloxone is one of a few things you can have to keep yourself and others around you safe.

Myth #2

I only use cocaine now and then, I've not used heroin since I've been on Buvidal

Reality

All substances can be contaminated with nitazenes – including ketamine, cocaine, oxycodone and benzodiazepines.

Myth #3

I can't keep naloxone at home because having needles in the house is a trigger for me

Reality

With the naloxone nasal spray, there are no needles. Instead, it is sprayed up the nose.

withyou

wearewithyou.org.uk

Myth #4

My friend says that there is no point taking naloxone because it doesn't work on the new drugs around

Reality

80% of people who lost their lives in Scotland in 2023 had used an opiate of some form, with 80% of people having more than one drug in their system at the time of their death. Naloxone is an effective reversal medication which will help to restore breathing and temporarily compete with opioids, knocking them off the receptors in the brain. This is true for all opioids.



If someone passes out or falls asleep and you can't wake them up:

- Put them in the recovery position (or on their side)
- **Call 999**, telling emergency services what you know
- Stay with the person until help arrives.

Myth #5

I have naloxone in the house – I don't need to have it on me

Reality

Carrying naloxone with you means that you can help to save someone's life if they overdose, no matter where they are.

Think "keys, mobile phone, naloxone" before you leave the house.

Myth #6

I saw naloxone being used on a friend and it didn't work – he was still unconscious when the ambulance came.

Reality

Sometimes multiple doses of naloxone are needed.

If the person is still unconscious after 2-3 minutes, inject another dose and repeat until the person comes round or the ambulance arrives.

Remember: the effects of naloxone wear off after around 30 minutes.

If it is safe for you to do so, stay with the person until emergency services arrive.

withyou

wearewithyou.org.uk