

PLEASE HELP US TO DISPOSE OF YOUR UNWANTED AND OUT-OF- DATE MEDICINES



1. RECYCLE ANY CARDBOARD PACKAGING AT HOME.



Please put **any cardboard or paper packaging** in your **recycling bin at home.**

Your local pharmacy cannot accept the outer packaging of your medicines.

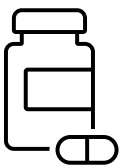
2. PUT EMPTY FOIL BLISTER PACKS IN YOUR GENERAL WASTE BIN.



Please put **empty foil blister packs** in your **general waste bin** – these cannot be recycled in the Borders.

Please put **clean glass bottles** in your **local bottle bank.**

3. BRING UNWANTED / OUT-OF-DATE MEDICINES (IN THEIR CONTAINERS) TO YOUR LOCAL PHARMACY.



Please bring **unwanted or out-of-date/expired medicines** to your **local community pharmacy** – in their blister packs or bottles - **without the outer cardboard packaging/paper bags.**



Unused medicines **cannot be re-used and are incinerated** – please review the medicines you request – together we can reduce waste, save NHS money and our environment.

**THANK YOU FOR HELPING US TO SAFELY
DISPOSE OF YOUR UNWANTED MEDICINES** 😊