

Worried about a loved one's drug or alcohol use? We are **withyou**.

WithYou is a charity that provides free, confidential support to people facing challenges with drugs, alcohol or mental health.

In the Scottish Borders, we also support people who are concerned about the drug or alcohol use of a family member. This includes:

- One-to-one meetings with a special trained family support practitioner
- Community Reinforcement and Family Training (CRAFT)

To find out more,
phone us on
0800 028 6664
or drop into
125 High Street,
Galashiels, TD1 1RZ.

withyou

we are withyou

wearewithyou.org.uk

We Are With You. A registered charity in England (1001957) and Scotland (SC040009), and a private company incorporated in England & Wales with company number 02580377. Registered office: Part Lower Ground Floor, Gate House, 1-3 St. John's Square, London, England, EC1M 4DH.