

# Borders Alcohol & Drugs Partnership Workforce Development Training Directory 2024/25

**All Training will be held online unless otherwise stated.**

DATE	COURSE NAME	TIME	HOW TO BOOK
5 <sup>th</sup> July 2024	<b>Alcohol Awareness</b> This is an interactive training session which can help ensure that you have the skills, knowledge and confidence to talk about alcohol and its harm, and signpost people affected by alcohol.	10am - 11am	To book a place please email ADP.borders@borders.scot.nhs.uk
20 <sup>th</sup> August 2024	<b>Trauma &amp; Substance Use (SDF)</b> This introductory course will support trauma-informed practice when working with people who are affected by trauma and who use substances.	9.15am – 3.30pm	To book a place follow this link: <a href="#">Trauma and Substance Use</a> You may have to Create an Account if you don't already have one.
21 <sup>st</sup> & 28 <sup>th</sup> August 2024 This is 1 course over 2 x 2hr sessions you must be able to attend both 2hr sessions.	<b>Family Inclusive Practice (SFAD)</b> This course is about how professionals in the workforce actively involve a person's family and social networks in their care, are proactive in asking about the needs of the whole family, and make sure all family members are supported.	10am – 12pm	To book a place please email ADP.borders@borders.scot.nhs.uk
3 <sup>rd</sup> September 2024	<b>Substance Use &amp; Young People (Multiple Risk) (SDF)</b> This online training aims to increase awareness, knowledge of multiple risk and young people. Participants will have the opportunity to explore multiple risk and what that means in practice when working with young people.	9.15am – 1.30pm	To book a place follow this link: <a href="#">Substance Use and Young People (Multiple Risk)</a> You may have to Create an Account if you don't already have one.
11 <sup>th</sup> September 2024	<b>Introduction to Drug &amp; Alcohol Services</b> To provide an update on support available through the drug & alcohol services and recovery community to people in Borders.	2pm – 4pm	To book a place please email ADP.borders@borders.scot.nhs.uk
16 <sup>th</sup> September 2024	<b>Alcohol Brief Intervention - Refresher Training</b> For staff who have previously received Alcohol Brief Intervention training and are looking for a refresher.	10 - 11am	To book a place please email ADP.borders@borders.scot.nhs.uk

5 <sup>th</sup> February 2025	If you have the opportunity to talk about alcohol in your role but need some extra support with how to structure this, ABI Skills Development training can provide the solutions.		
17 <sup>th</sup> September 2024	<b>REACH Advocacy</b> REACH deliver Awareness workshops on the Medication Assisted Treatment (MAT) Standards and how they can be implemented as part of a wider human rights-based framework to ultimately reduce drug deaths and related harms within Scotland.	10am – 4pm	To book a place please email ADP.borders@borders.scot.nhs.uk
9 <sup>th</sup> October 2024 15 <sup>th</sup> January 2025 12 <sup>th</sup> March 2025	<b>Meet the Drug &amp; Alcohol Services and Recovery Community</b> Informal 45minute briefing session to meet staff from the three drug and alcohol services and recovery community in the Borders and ask questions.	9:30am – 10:15am	To book a place please email ADP.borders@borders.scot.nhs.uk
22 <sup>nd</sup> October 2024	<b>Understanding Stigma (SDF)</b> This one day training will give participants a distinct set of knowledge and skills to help them understand and address alcohol and drug-related stigma.	9.15am – 1.30pm	To book a place follow this link: <a href="#">Understanding Stigma</a> You may have to Create an Account if you don't already have one.
18 <sup>th</sup> November 2024	<b>CPD: Drug Trend Monitoring Group</b> 30-minute briefing - Subject to be confirmed.	10am – 10:30am	To book a place please email ADP.borders@borders.scot.nhs.uk
20 <sup>th</sup> November 2024	<b>Children Affected by Parental Substance Use (CAPSM) Awareness Session (CHIMES &amp; WAWY)</b> To increase knowledge of children affected by parental and others substance use.	2pm – 4 pm	To book a place please email ADP.borders@borders.scot.nhs.uk

Please click on link for all training offered by the Scottish Drugs Forum(SDF) [sdftraining.org.uk](https://www.sdftraining.org.uk) Please click on the link for all training offered on Child Protection and Adult Support and Protection [Public Protection Committee Training \(office365.com\)](#).

# Course Descriptor and Learning Outcomes

## Borders ADP

### Course Title: Alcohol Awareness Session

**Aim:** This is an interactive training session which can help ensure that you have the skills, knowledge and confidence to talk about alcohol and its harm and signpost people affected by alcohol.

#### **Learning Outcomes:**

- An enhanced awareness and understanding of the problems caused by alcohol in the Scottish Borders
- Increased knowledge of the effects of alcohol on individuals and those around them
- Greater awareness of interventions and support services available
- Increased confidence and skills to work with and support people.

**Target Audience:** Drug workers, housing workers, social workers, GPs, nurses, and mental health workers.

#### **Dates and Times:**

Date	Time	Venue
5th July 2024	10am – 11am	MS Teams

**Tutor:** Borders ADP Support Team

## Scottish Drugs Forum (SDF)

### Course Title: Trauma and Substance Use

**Aim:** This introductory course will support trauma-informed practice when working with people who are affected by trauma and who use substances.

**Learning Outcomes:**

*By the end of the training, participants will be able to:*

- Define the concept of psychological trauma.
- Describe how substance use is used as an adaptive coping response to trauma and its impact.
- Identify how to respond to the needs of those affected by trauma at a trauma-informed level.

We recommend that you complete the Drug Awareness – An Introductory Course e-learning module. [Drug-awareness-an-introductory-course](#) .

**Please Note:**

We recognise that trauma themes can at times be challenging for participants and can cause us to reflect on our own experiences. We aim to create a safe and supportive environment by offering two facilitators on the course to debrief should anything arise during the course.

**Target Audience:** This course is aimed at drug workers, social workers, GPs, nurses, teachers and mental health workers.

**Dates and Times:**

Date	Time	Venue
20 <sup>th</sup> August 2024	9.15am -3.30pm	MS Teams

**Tutor:** Scottish Drugs Forum (SDF)

## Scottish Families Affected by Alcohol and Drugs (SFAD)

### Course Title: Family Inclusive Practice

**Aim:** Family Inclusive Practice is about how professionals in the workforce actively involve a person's family and social networks in their care, are proactive in asking about the needs of the whole family, and make sure all family members are supported.

#### **Learning Outcomes:**

*By the end of the training, participants will be able to:*

- Define family inclusive practice.
- Recognise family inclusive practice about the evidence base, ROSC development and the Quality Principles in service delivery.
- Recognise the value of lived experience of family members and their support needs.
- Develop an understanding of the required qualities and skills to effectively engage with families.
- Identify opportunities to include families to support whole family recovery.
- Identify practical strategies to work with families and overcome barriers to family engagement.

**Target Audience:** This course is aimed at drug & alcohol support workers, social workers, GPs, nurses, teachers, volunteers and students.

#### **Dates and Times:**

Date	Time	Venue
21 <sup>st</sup> & 28 <sup>th</sup> August 2024  This is 1 course over 2 x 2hr sessions you must be able to attend both 2hr sessions.	10am -12pm	MS Teams

**Tutor: Scottish Families Affected by Alcohol and Drugs (SFAD)**

## Scottish Drugs Forum (SDF)

### Course Title: Substance Use & Young People (Multiple Risk)

**Aim:** This online training aims to increase awareness, knowledge of multiple risk and young people. Participants will have the opportunity to explore multiple risk and what that means in practice when working with young people.

**Learning outcomes:**

*By the end of the session participants will be able to:*

- Identify common risk behaviours displayed by young people.
- Define multiple risk.
- Discuss positive and negative aspects of risk.
- Identify common risk behaviours.
- Recall the factors and Adverse Childhood Experiences that influence risk taking and identify the impact of these on resilience.
- Demonstrate effective signposting and interventions which tackle multiple risk, build resilience, and support post-traumatic growth.

**Target Audience:** This course is aimed at drug workers, social workers, GPs, nurses, teachers and mental health workers.

**Dates and Times:**

Date	Time	Venue
3 <sup>rd</sup> September 2024	9.15am – 1.30pm	MS Teams

**Tutor:** Scottish Drugs Forum (SDF)

## CHIMES, We Are With You, Borders Addiction Service & Borders in Recovery

### Course Title: Introduction to Drug & Alcohol Services in the Scottish Borders

**Aims:** To provide an update on support available through the drug & alcohol services and recovery community to people in Borders.

**By completing this training, you will have:**

- Awareness of prevalence of drug and alcohol use
- Awareness of current trends
- Awareness of what support drug and alcohol services can provide.
- Awareness of how to refer to drug and alcohol services

**Target Audience:** Staff in universal services

**Dates and Times:**

Date	Time	Venue
11 <sup>th</sup> September 2024	2pm – 4pm	MS Teams

**Tutor:** CHIMES, We Are With You, Borders Addiction Service & Borders in Recovery

## Borders ADP

### Course Title: Alcohol Brief Intervention (ABI) Refresher

**Target Audience:** For staff who have previously received Alcohol Brief Intervention training and are looking for a refresher.

**Learning Outcomes:**

- Describe the what, why where, when and how of Alcohol Brief Interventions.
- Understand what a unit is, how to calculate alcohol units and the rationale of alcohol guidance.
- Reflect on the potential impact of your role in relation to carrying out ABI.
- Apply knowledge to raise the subject and choose a suitable screening approach for the individual.
- Develop motivation and confidence to competently carry out ABI's.
- Increase understanding of existing services and provision to support/signpost individuals.

**Target Audience:** For staff who have previously received Alcohol Brief Intervention training and are looking for a refresher

**Dates and Times:**

Date	Time	Venue
16 <sup>th</sup> September 2024	10 – 11am	MS Teams

**Tutor:** Borders ADP Support Team

## REACH Advocacy

### Course Title: One day Awareness Workshop

**Course:** In line with their partnership with the MAT Standards Implementation Support Team (MIST), REACH deliver Awareness workshops on the Medication Assisted Treatment (MAT) Standards and how they can be implemented as part of a wider human rights based framework to ultimately reduce drug deaths and related harms within Scotland

**Key Topics:**

- Socioeconomic factors contributing to Substance Use Disorder as a health condition
- Human Rights Legislation
- Practical educational frameworks to use when applying a Human Rights Based Approach
- MAT Standards 1-10 and how they all aim to ensure that the human rights of the individuals are upheld, fulfilled, and protected.

**Target Audience:** This course is aimed at drug workers, social workers, GPs, nurses, teachers, and mental health worker

**Dates and Times:**

Date	Time	Venue
17 <sup>th</sup> September 2024	10am – 4pm	MS Teams

**Tutor:** REACH Advocacy

## CHIMES, We Are With You, Borders Addiction Service & Borders in Recovery

### Course Title: Meet the Drug & Alcohol Services and Recovery Community

**Learning Outcomes:**

- Informal 45 minute briefing session to meet the staff from the three drug and alcohol services and recovery community in the Borders and ask questions.
- Increase understanding of existing services and provision to support/signpost individuals.

**Target Audience:** Drug workers, housing workers, social workers, GPs, nurses, and mental health workers.

**Dates and Times:**

Date	Time	Venue
9 <sup>th</sup> October 2024	9.30am - 10.15am	MS Teams

**Tutor:** CHIMES, We Are With You, Borders Addiction Service & Borders in Recovery



## Scottish Drugs Forum (SDF)

### Course Title: Understanding Stigma

**Aim:** This one-day training will give participants a distinct set of knowledge and skills to help them understand and address alcohol and drug-related stigma.

**Learning Outcomes:**

*By the end of the training, participants will be able to:*

- Describe the impact of stigma on people who use substances, people in treatment or in recovery from substance use.
- Recall language which de-stigmatises people affected by substance use.
- Describe how stigma and discrimination impact on the quality and effectiveness of service delivery.
- Identify institutional and structural stigma attached to people who use substances, people in treatment or in recovery from substance use.

**Target Audience:** This course is aimed at drug workers, social workers, GPs, nurses, teachers and mental health workers.

**Dates and Times:**

Date	Time	Venue
22 <sup>nd</sup> October 2024	9.15am -3.30pm	MS Teams

**Tutor:** Scottish Drugs Forum (SDF)

### Course Title: CPD: Drug Trend Monitoring Group

**CPD Session:** TBC

**Target Audience:** Drug workers, housing workers, social workers, GPs, nurses, youth workers and mental health workers.

**Dates and Times:**

Date	Time	Venue
18 <sup>th</sup> November 2024	10am – 10:30am	MS Teams

**Tutors:**

**CHIMES & We Are With You**

**Course Title: Children Affected by parental Substance Use (CAPSM) Awareness Session**

**Learning Outcomes:**

- Increase knowledge of children affected by parental and other’s substance use
- Raise awareness of Interagency Vulnerable Young Person’s Protocol
- Increase participants understanding of their role in this area.

**Target Audience:** Staff in universal services

**Dates and Times:**

Date	Time	Venue
22 <sup>nd</sup> February 2024	2 – 4pm	MS Teams

**Tutor:** CHIMES & We Are With You

Borders Alcohol & Drugs Partnership  
Online Learning 2024/25

# Prevention and Early Intervention

## Online Learning

### Hepatitis B in Scotland

Hepatitis Scotland is pleased to announce the launch of a new, free to access e-learning resource, which is dedicated to raising knowledge and awareness of hepatitis B.

By the end of this course, participants will be able to:

- Define hepatitis B
- Describe acute and chronic hepatitis B
- Summarise who is at risk of hepatitis B infection
- Identify who should get tested for hepatitis B

**Provider:** Scottish Drugs Forum/Hepatitis Scotland

**Target Audience:** People who come into contact with people who use drugs, GPs, nurses, teachers, police, housing workers, social workers, mental health workers, and the general public.

**Length:** 2 hrs

**Available at:** [www.sdftraining.org.uk](http://www.sdftraining.org.uk)

**You will need to [Login](#) or [Create an Account](#) before registering for this event**

## Online Learning

### Title: Hepatitis C and New Treatments

Hepatitis Scotland is pleased to announce the launch of a new, free to access e-learning resource, which is dedicated to raising knowledge and awareness of hepatitis C. The concise course can be completed in around two hours, or alternatively be completed in separate sittings to provide a fully flexible learning experience.

**Target Audience:**

Various audiences will benefit from the e-learning, including; people who come into contact with people who use drugs, GPs, nurses, teachers, police, housing workers, social workers and mental health workers and the general public.

**Provider:** Scottish Drugs Forum/Hepatitis Scotland

**Available at:** [www.sdftraining.org.uk](http://www.sdftraining.org.uk)

**You will need to [Login](#) or [Create an Account](#) before registering for this event**

## Fetal Alcohol Advisory Support & Training Service

### New Training Opportunity!

Professionals working within Health and Social Care in Scotland can access our FREE 'Fundamentals of FASD for Health and Social Care Practitioners' online training scheduled to take place on a regular basis throughout the year. You can access details and register by following our Eventbrite page <https://FAASTTeam.eventbrite.com>

FAASTT has partnered with the University of Edinburgh and is delighted to be able to offer Europe's first Postgraduate Certificate in FASD. This is comprised of 3 individual 10-week modules:

- **Understanding FASD: Context, Contributors and Clinical Presentation**
- **The Assessment and Diagnosis of FASD**
- **Advanced Practice in FASD**

Each module can be taken with academic credit for the PgCert, or as a standalone module for CPD. All modules are designed to work around busy professionals, being part time and online.

**Provider: Fetal Alcohol Advisory Support & Training Service**

**Available at:** [www.faast.ed.ac.uk/our-services/training/](http://www.faast.ed.ac.uk/our-services/training/)

## NES: Foetal Alcohol Spectrum Disorder

This learning has been developed by colleagues in Improving Health and Wellbeing who are keen to convey this information to stakeholders. The learning is free to access.

It is not known how many children, young people and adults are affected by this developmental disorder; many are identified when in the care of adoptive parents. It is likely that there are many looked after and care experienced children and young people who may be living with FASD without either them or their carers and family knowing. There are likely also to be many people affected by FASD who are or were not care experienced and who require help and support.

To enable practitioners to understand more about FASD, The Scottish Government in partnership with experts in FASD has created an e-learning module which is available on the NHS Education for Scotland TURAS platform:

- **Understanding FASD**
  - **Preventing FASD**
  - **Identifying FASD**
  - **Interventions and Support for FASD**

**Understanding FASD** offers a broad overview for practitioners and lays the foundations for understanding why **preventing FASD** and knowledge of the Chief Medical Officer's "*No Alcohol No Risk*" in pregnancy message is so important. It also outlines why **early identification and intervention and support** is essential to fostering positive outcomes for individuals with FASD.

This learning resource outlines why, without identification and support, affected individuals often struggle to attain and acquire life skills for independent living. Those affected but unsupported have a high degree of need for mental health, addiction and criminal justice services.

You will need to register with Turas to access the resource

To access the resource register here: [learn.nes.nhs.scot](https://learn.nes.nhs.scot)

Use this link to access the resource once you have registered and signed in:

<https://learn.nes.nhs.scot/39148>

**Provider: NES TURAS**

## Treatment, Support and Recovery

### Online Learning

#### Bacterial Infections and Drug Use

An introduction to bacterial infection and drug use. The e-learning course will give a brief overview of bacterial infection and various outbreaks. It gives participants the opportunity to explore harm reduction information relevant to bacterial infection. The course will provide an overview of the main signs and symptoms which practitioners should be aware of and will encourage participants to think about and develop a response relevant to their services.

By the end of this course, participants will be able to:

- Recall different types of bacteria often associated with drug use.
- Explain how bacterial contamination can occur in the context of drug use.
- Describe harm reduction information for bacterial infection in the context of substance use.
- Recognise the signs and symptoms of bacterial infections.
- Produce an effective response to potential outbreaks which can be implemented in your service.

**Provider:** Scottish Drugs Forum (SDF)

**Available at:** [www.sdftraining.org.uk](http://www.sdftraining.org.uk)

*You will need to [Login](#) or [Create an Account](#) before registering for this event*

### Online Learning:

#### Title: LGBTQI+ Substance Use – An introduction – SDF e-learning

**Aims:** This course will take you through a short journey of LGBTQI+ history showing you how key events affect the community to this day. You will be given insight into how substances are used in the LGBTQI+ community. By the end, you will be equipped with techniques to make your service more inclusive.

#### Learning Objectives:

By the end of this course, participants will be able to:

- Recognise how alcohol and other drugs are used in the LGBTQI+ community.
- Describe key moments in LGBTQI+ history.
- Identify health inequalities that effect LGBTQI+ people.
- Recall the layers of stigma that LGBTQI+ people might experience.
- Recognise barriers LGBTQI+ people have in accessing services

**Target Audience:** Health, Social Care, Voluntary Organisations staff who wish to increase their knowledge and awareness of drug issues.

**Provider:** Scottish Drugs Forum

**Available at:** [www.sdftraining.org.uk](http://www.sdftraining.org.uk)

*You will need to [Login](#) or [Create an Account](#) before registering for this event*

<p><b>Online Learning:</b>  <b>Title: Drug Awareness – SDF e-learning</b></p>
<p><b>Aims:</b> This introductory e-learning aims to increase workers knowledge and awareness of key issues relating to drug use in Scotland</p>
<p><b>Learning Objectives:</b>  By the end of this course, participants will be able to:</p> <ul style="list-style-type: none"> <li>• Identify a range of reasons why people use drugs.</li> <li>• Describe patterns of drug use.</li> <li>• Recall commonly used drugs in Scotland.</li> <li>• Understand and explain harm reduction techniques.</li> </ul>
<p><b>Target Audience:</b> Health, Social Care, Voluntary Organisations staff who wish to increase their knowledge and awareness of drug issues.</p>
<p><b>Provider:</b> Scottish Drugs Forum</p>
<p><b>Available at:</b> <a href="http://www.sdftraining.org.uk">www.sdftraining.org.uk</a>  <i>You will need to <a href="#">Login</a> or <a href="#">Create an Account</a> before registering for this event</i></p>

<p><b>Online Learning:</b>  <b>Title: What’s happening on the streets with benzos?</b></p>
<p><b>Aims:</b> This e-learning course aims to raise awareness and increase knowledge around benzodiazepines use in Scotland. Participants will be able to identify benzodiazepine effects and gain an understanding of harm reduction techniques for benzodiazepine use.</p>
<p><b>Learning Objectives:</b>  By the end of this course, you will be able to:</p> <ul style="list-style-type: none"> <li>• Recall the current and emerging trends including street and unlicensed benzodiazepines.</li> <li>• Identify the physical and psychological effects of benzodiazepines.</li> <li>• Understand harm reduction techniques for people who use benzodiazepines.</li> </ul>
<p><b>Target Audience:</b> Health, Social Care, Voluntary Organisations staff who wish to increase their knowledge and awareness of drug issues.</p>
<p><b>Provider:</b> Scottish Drugs Forum</p>
<p><b>Available at:</b> <a href="http://www.sdftraining.org.uk">www.sdftraining.org.uk</a>  <i>You will need to <a href="#">Login</a> or <a href="#">Create an Account</a> before registering for this event</i></p>



**Online Learning:****Title: New Drugs, New Trends? A workers Toolkit for NPS**

**Aims:** This e-learning module has been designed to meet the needs of workers who come into contact with people who may use New Psychoactive Substances (sometimes known as Legal Highs).

**Learning Objectives:**

By the end of this module, participants will be able to:

- Name the seven categories of substances which apply to NPS.
- Recall the legislation affecting NPS.
- Give an overview of two key NPS in use.
- Recall current and emerging trends with regards to NPS in Scotland.
- Describe typical patterns of use, including poly-substance use.
- Identify techniques to support people who use NPS.

**Provider:** Scottish Drugs Forum

**Available at:** [www.sdftraining.org.uk](http://www.sdftraining.org.uk)

**You will need to [Login](#) or [Create an Account](#) before registering for this event**

**Online Learning:****Title: HIV – Preventable and Treatable**

This e-learning course will increase workers understanding of HIV, how HIV is transmitted, HIV prevention and treatment. The course will also outline the ongoing HIV outbreak affecting people who inject drugs in Glasgow, and surrounding areas, since 2015.

**Learning Objectives:**

By the end of this course, you will be able to:

- Define HIV as a virus, including how it is transmitted from one person to another.
- Recall key facts around HIV testing, prevention, and treatment.
- Recall the key milestones in the history of HIV.
- Understand the Glasgow HIV outbreak and lessons learnt

**Target Audience:** Health, Social Care, Voluntary Organisations staff who wish to increase their knowledge and awareness of drug issues.

**Provider:** Scottish Drugs Forum

**Available at:** [www.sdftraining.org.uk](http://www.sdftraining.org.uk)

**You will need to [Login](#) or [Create an Account](#) before registering for this event**

**Online Learning:**

**Title: Contraception Information for people who use drugs**

This e-learning course discusses contraception information for people who use drugs. This course should take around 1 hour to complete.

**Learning Objectives:**

By the end of this course, participants will be able to:

- describe different methods of contraception.
- identify the methods of contraception which are long-acting and reversible.

**Target Audience:** Health, Social Care, Voluntary Organisations staff who wish to increase their knowledge and awareness of drug issues.

**Provider:** Scottish Drugs Forum

**Available at:** [www.sdftraining.org.uk](http://www.sdftraining.org.uk)

*You will need to [Login](#) or [Create an Account](#) before registering for this event*

**Online Learning:**

**Title: 'How are your sites?': Injecting Wound Care**

This e-learning course discusses harm reduction related to injecting sites. It aims to help workers assess sites and offer accurate advice to people who inject drugs.

In services, particularly those offering Injection Equipment Provision (IEP), workers often ask clients the question 'How are your sites?'

Do you know what to do when the answer differs from 'okay'? Do you know what to look for when you see an injecting site? Do you know what questions to ask? And what treatment to offer?

**Learning Objectives:**

By the end of this two-hour course, participants will be able to:

- Explain the structure and function of the skin.
- Describe the context of skin problems in people who inject.
- Assess simple injecting sites.
- Differentiate between infected and non-infected injecting wounds.
- Discuss potential treatment options and offer recommendations.

**Target Audience:** Health, Social Care, Drug & Alcohol Service Providers, IEP Providers

**Provider:** Scottish Drugs Forum

**Available at:** [www.sdftraining.org.uk](http://www.sdftraining.org.uk)

*You will need to [Login](#) or [Create an Account](#) before registering for this event*

## Online Learning

### Overdose Prevention, Intervention and Naloxone

This short e-learning course covers the key aspects of drug-related deaths in Scotland, opiate overdose prevention, intervention, and naloxone basics.

Learning Objectives:

By the end of this course, you will be able to:

- Summarise drug-related deaths in Scotland.
- Identify an overdose.
- Explain how to prevent an overdose.
- Describe naloxone and its use.

**Provider: Scottish Drugs Forum (SDF)**

Available at: [www.sdftraining.org.uk](http://www.sdftraining.org.uk)

*You will need to [Login](#) or [Create an Account](#) before registering for this event*

## Online Learning

### Motivational Interviewing in Brief Conversations

Helping professionals are often required to venture into discussions with people about making changes to their lifestyle or behaviours. Have you ever wondered why and exactly how conversations inspire change and what the skills involved are?

At SDF we have drawn upon the body of research evidence, extracting concepts and approaches within the communication style called Motivational Interviewing (MI).

This course is designed to offer a 'taste' of motivational interviewing. It is not designed to be a complete training course in MI, but rather a first step for those who are interested in learning more about this style of communication. It incorporates the latest methods from the new 3rd edition of Motivational Interviewing by W.R. Miller and S. Rollnick.

By the end of this course participants will be able to:

- Describe the nature of ambivalence about change.
- Define motivational interviewing.
- Describe how the motivational interviewing process influences motivation for change.
- Identify the use of motivational interviewing in brief conversations.

**Provider: Scottish Drugs Forum (SDF)**

Available at: [www.sdftraining.org.uk](http://www.sdftraining.org.uk)

*You will need to [Login](#) or [Create an Account](#) before registering for this event*

## Online Learning

### Cocaine and other Psychostimulants

This course will increase your knowledge of cocaine and other psychostimulants in Scotland. Upon completion, you will be able to identify specific psychostimulants and their effects, understand the current trends in Scotland, and gain an understanding of harm reduction strategies.

By the end of this course, participants will be able to:

- Describe psychostimulants in use including cocaine, amphetamines, ecstasy and mephedrone.
- Recall the current and emerging trends with psychostimulants.
- Identify effective harm reduction strategies for working with people who use psychostimulants.

**Provider:** Scottish Drugs Forum (SDF)

**Target Audience:** People working in treatment, mental health services, or other surrounding services.

**Length:** 2 hrs

**Available at:** [www.sdftraining.org.uk](http://www.sdftraining.org.uk)

***You will need to [Login](#) or [Create an Account](#) before registering for this event***

## Other Online Learning

A variety of online learning is available. The list outlined below is not exclusive. The ADP would be pleased to hear about other courses that are available to add to this list. We would recommend using latest versions of your web browser.

### NES: Trauma Informed

This training consists of two workshops to help individuals and teams examine how they work through a trauma informed lens. There are five key pause points for reflection, discussion, planning and commitment. Whether watched as an individual or as a team, it will help you to reflect on:

- The extent to which the people you work with may have experience trauma, and the impact that might have on your work.
- Recognizing and celebrating your existing trauma informed practices and how to sustain these.
- Identifying, and making an active commitment to the small changes you can make to help you recognize where someone may be affected by trauma, and respond in a way that limits re-traumatisation and supports their recovery using the principles of trauma informed practice.

#### Who is this resource for?

All members of the workforce, whether paid or unpaid.

**Provider:** NHS Learnpro

**Available at:** <https://www.nes.scot.nhs.uk/>

### NES: Trauma Skilled

This training is comprised of 4 modules:

**Developing your trauma skilled practice 1:** Understanding the impact of trauma and responding in a trauma informed way.

**Developing your trauma skilled practice 2:** Trauma in children and young people.

**Developing your trauma skilled practice 3:** Understanding the impact of trauma on mental health and evidence-based pathways to recover.

**Developing your trauma skilled practice 4:** Understanding the use of substances to cope with the impact of trauma.

#### Who is this resource for?

This resource is for all workers who are likely to come into contact with people who may have been affected by trauma.

At the end of the section you should know how to use these modules to develop your knowledge in working with people with trauma

**Provider:** NHS Scotland

**Available at:** <https://www.nes.scot.nhs.uk/>

## Motivational Interviewing Coach Assessment

This course consists of three modules. The first module provides an overview of the Spirit and person-centred counselling skills that underpin Motivational Interviewing. These elements represent the relational aspects of MI. The second module explores the strategic or technical elements of Motivational Interviewing as defined by the third edition of *Motivational Interviewing* published in October 2013 by Miller and Rolnick. For those who were trained in MI before the third edition was printed, this module provides a useful update on the changes that have been introduced to Motivational Interviewing over the years. The third module has been designed to provide taped practice examples of Motivational Interviewing, including the Edinburgh Interview, which illustrates many therapeutic challenges and therapeutic themes found in Scottish service settings.

**Provider:** NHS Learnpro

**Available at:** [nhs.learnprouk.com](https://nhs.learnprouk.com)

## Scottish Recovery Consortium e-learning

SRC Online Training

1. **Recovery Essentials Part 1**
2. **Recovery Essentials Part 2**
3. **Peer Support**
4. **Stigma and Me**
5. **Stigma and Us**

The courses are all CPD accredited, and this is a unique approach to learning about recovery. Each course has 3 learning outcomes and a quiz to complete.

There are individuals completing the learning as well as people working in recovery organisations, statutory services, and education.

### Getting started

To enrol please get in touch with our Learning team by emailing [learning@scottishrecoveryconsortium.org](mailto:learning@scottishrecoveryconsortium.org) or by phone on 0141 559 6932.

**Provider:** SRC

**Available at:** [Scottish Recovery Consortium](https://scottishrecoveryconsortium.org)

All courses will take place online. Spaces are very limited.

Please join the meeting 10-15 minutes prior to start time to allow time to address any IT issues.

Please note that line manager approval is required prior to booking request. If you are unable to attend, we would be grateful if you could let us know as soon as possible before the event. Your line manager will be alerted if you do not provide notice of non attendance.