

## A Meeting of the **Borders Area Drugs and Therapeutics Committee** was held at 12.30 p.m. on Wednesday, 9<sup>th</sup> May 2012 in the Committee Room, Education Centre.

## MINUTE

Situation - A concise statement of the problem (What is going on now in relation to agenda item) Background - Pertinent and brief information related to the situation (What has happened) Assessment - Analysis and considerations of options (What your analysis of background information is Current Position/Outcome) Recommendation - Request or recommend action (What you want to be done)

1. Present: John Hammond (Chair) (JH), Ros Anderson (RA), Catherine Scott (CS), Adrian Mackenzie (AMack), Paul Marynicz (PM), Mark Clark (MC), Gavin Gorman (GG), Liz Leitch (LL) Joanna Smith (JS), Cliff Sharp (CS) Peter Symms (PS), Edward James (EJ), Tom Cripps (TC), Ross Cameron (RC), Olive Herlihy (OH)

Invited to attend: Sarah McAleer – Clinical Pharmacist & Joanna Cooper – Prescribing Support Team Dietician

| Date of | Item | Situation                       | Background                      | Assessment         | Recommendation       | Person         | Timescale |
|---------|------|---------------------------------|---------------------------------|--------------------|----------------------|----------------|-----------|
| Meeting | No.  |                                 |                                 |                    |                      | Responsible    |           |
|         | 2.   | <b>Declaration of Interest:</b> | None                            |                    |                      |                |           |
|         | 3.   | Draft minute from               | Minute from previous meeting    | Read and noted     | Approved as true     | Chair          | Complete  |
|         |      | ADTC of 14.03.12                |                                 | for accuracy.      | record               |                | _         |
|         | 4.   | Matters Arising From P          | revious Minute:                 |                    |                      |                |           |
|         |      | Restricted number of            | Wards using increasingly out of | Consultants to     | Agreed to gather in  | SH             | 11.07.12  |
|         |      | BNF's available.                | date copies.                    | hand back their up | Edition 62 for       |                |           |
|         |      |                                 | -                               | to date copies as  | recycling. JH to     | JH             | 11.07.12  |
|         |      |                                 |                                 | could be used on   | raise at next Public |                |           |
|         |      |                                 |                                 | the wards.         | Board meeting.       |                |           |
|         |      |                                 |                                 |                    | AW to put in risk    | AW             | 11.07.12  |
|         |      |                                 |                                 |                    | register.            |                |           |
|         |      | Quickmist - Applicant to        | Smoking Cessation team had      | No evidence to     | Agreed not to add to | Chair to write | Complete  |

Apologies: Declan Hegarty (DH), Alison Wilson (AW)

|    | feedback after 20<br>patients                                    | made application to prescribe this product to patients.   | support that it is<br>better than any<br>other medication<br>available. | the formulary.   | to applicant                         |                 |
|----|--|---|---|--|--------------------------------------|-----------------|
|    | Yellow Card Scheme   | Annual Report – April 2010 –<br>March 2011  | Report not signed<br>of as yet.   | Contact and ask for<br>final report.<br>Reminder to go in<br>the next prescribing<br>bulletin. To be<br>discussed at a Grand<br>Round. | GG<br>RA<br>EJ                       | Complete        |
| 5. | Draft Minute of BFC<br>meeting of 18 <sup>th</sup> April<br>2012 | For information only  | ADTC to ratify<br>NMA's from BFC<br>meeting                             | To approve or not to<br>approve BFC<br>decision  | ADTC Group<br>Members                | Complete        |
| 6. | Applications for Appro   | oval from BFC of 18 <sup>th</sup> April 2012  |   |  |                                      |                 |
|    | Paliperidone   | New medicines application.  | Prolonged release<br>suspension for<br>injection.                       | Ratified by group for 3 patients only.   | Bring back to<br>next BFC<br>meeting | BFC<br>13.06.12 |
|    | Nortriptyline  | For neuropathic pain  | Decision from<br>BFC requires to<br>be ratified by<br>ADTC.             | Approved as CAT<br>'A'   | As above.                            | As above        |
|    | Pregabalin   | For use in patients who have not<br>achieved pain relief or tolerated<br>1 <sup>st</sup> & 2 <sup>nd</sup> line treatments for<br>peripheral neuropathic pain | As above  | Approved for up to<br>120 patients per year<br>CAT 'A'   | As above                             | As above        |
|    | Lidocaine  | Localised neuropathic pain.   | Approved for up<br>to 60 patients per<br>year.                          | Request copy of<br>previous audit done<br>by pain team.  | RA                                   | 11.07.12        |
|    | Romiplostim  | For use in adults with chronic<br>immune thrombocytopenic<br>purpura splenectomised patients<br>who are refractory to other<br>treatments.                    | Noted as being a<br>very expensive<br>drug.                             | Noted and ratified.  | As above.                            | Complete        |
|    | Etanercept   | For use in systemic juvenile  | Approved for  | As above   | As above                             | Complete        |

|                              | idiopathic arthritis.  | named patient<br>only.   |  |                                |          |
|------------------------------|--|--|--|--------------------------------|----------|
| Nutricia preOp               | For use in the enhanced recovery after surgery programme.  | No other product<br>available in<br>current use.   | As above   | As above                       | Complete |
| Dexamphetamine<br>complex    | Use in ADHD patient.   | For one patient only.  | As above   | As above                       | Complete |
| Ustekinumab                  | For use in patients who have<br>failed to respond to or who have a<br>contraindication to or intolerant to<br>other systemic therapies including<br>ciclosporin, methotrexate and<br>psoralen and UVA treatment. | Reminder put into<br>next prescribing<br>bulletin re GP's<br>including<br>secondary care<br>drugs in EMIS<br>summaries | As above   | As above                       | Complete |
| Orlistat                     | Weight loss in adults who are<br>overweight (BMI>28kg/m <sup>2</sup> )   | BFC of 18.04.12<br>– Approved for<br>patients with BMI<br>>35 for GP use<br>with input from<br>dietetic service.       | Contact Perry<br>Burgess and Joeleen<br>McKean asking for<br>guidance for GP's<br>before goes into<br>formulary. | LL                             | 11.07.12 |
| PleureX                      | Palliative care team wish to use<br>proposed indication malignant<br>recurrent ascites.  | Jenni Smith to<br>discuss with<br>Shona Hall in<br>procurement   | JS off sick bring<br>back to next BFC<br>meeting.  | JS                             | 13.06.12 |
| Colecalciferol<br>Fultium D3 | To be used as an adjunct to<br>specific therapy for osteoporosis<br>in patients with Vit D deficiency<br>at risk of Vit D insufficiency.   | Supply problems<br>of unlicensed<br>drug, now<br>replaced with<br>licensed<br>preparation.                             | Noted and ratified   | Chair to write<br>to applicant | Complete |
| Capsaicin                    | Treatment of peripheral<br>neuropathic pain in non-diabetic<br>adults either alone or in<br>combination with other medicinal<br>products for pain.   | Awaiting<br>guidance but<br>approved for one<br>patient.   | To be carried<br>forward to next<br>meeting.   | SH                             | 11.07.12 |
| Clobetasol Propionate        | Topical treatment of moderate  | Replaces and   | Noted and ratified.  | Chair to write                 | Complete |

|    | Shampoo  | scalp psoriasis in adults.  | augments other products   |   | to applicant.                   |                 |  |  |
|----|--|---|---|---|---------------------------------|-----------------|--|--|
|    | Flourouracil 0.5%<br>Salicylic Acid 10%<br>Cutaneous Sol   | Topical treatment of slightly<br>palpable and/or moderately thick<br>hyperkeratotic actinic keratosis<br>(grade 1/11) in Immunocompetent<br>adult patients. | Quick response as<br>early as 6 weeks.  | Noted and ratified.   | As above                        | Complete        |  |  |
|    | Rivaroxaban  | Treatment of deep vein<br>thrombosis & prevention of<br>recurrent DVT & pulmonary<br>embolism following an acute<br>DVT in adults.                          | Oral drug no need<br>for monitoring<br>INR. LL reported<br>one is in the<br>process of setting<br>up a group to<br>discuss<br>implementation in<br>NHS Borders. | Noted and ratified  | As above                        | Complete        |  |  |
| 7. | New Medicine Applications:   |   |   |   |                                 |                 |  |  |
|    | Denosumab -<br>Osteoporotic fractures<br>needs bone protecting<br>medication. Cost of 1<br>month's treatment £30<br>for use in 2 male<br>patients. | Impaired renal function<br>bisphosphonates should be<br>avoided. Denosumab known to be<br>safe in renal failure patients.                                   | Off label use, no<br>supporting<br>evidence and<br>unlicensed for use<br>in males.  | Will reconsider<br>when supporting<br>evidence received.<br>LL will contact to<br>provide for next<br>BFC meeting.      | LL                              | BFC<br>13.06.12 |  |  |
|    | Budesonide -<br>Eosinophilic<br>oesophagitis. Dose to be<br>identified but 1mg/day<br>would equate to £45.45.                                      | Currently difficult to deliver<br>steroid to the oesophageal<br>mucosa.   | Off label use for 1 patient.  | Approved for<br>specialist use only<br>CAT 'B'  | Chair to write<br>to applicant. | Complete        |  |  |
|    | Apixaban -<br>New oral anticoagulant<br>for DVT & PE Thrombo<br>prophylaxis.   | New oral anticoagulant similar to<br>Rivaroxaban.   | Unknown number<br>of patients in first<br>year.   | Not approved.<br>Group to look again<br>in a year's time.<br>(Other drug already<br>being introduced<br>into practice). | Chair to write<br>to applicant. | Complete        |  |  |

|     | Buprenorphine &                    | To replace Buprenorphine in the               | Using                          | LL to liaise with    | LL          | 11.07.12         |
|-----|------------------------------------|---|--------------------------------|----------------------|-------------|------------------|
|     | Naloxone Tabs.                     | formulary. (Reduces risk of                   | combination is                 | Mike Kehoe &         |             |                  |
|     |                                    | injection of buprenorphine).                  | more cost                      | Adrian Mackenzie     |             |                  |
|     |                                    |   | effective than                 |                      |             |                  |
|     |                                    |   | using<br>Buprenorphine         |                      |             |                  |
|     |                                    |   | alone.                         |                      |             |                  |
|     | Chlordiazepoxide PGD               | Some GP's are refusing to                     | Nurse involved in              | GP sub have asked    | Chair/      | 11.07.12         |
|     | Lofexidine draft PGD               | prescribe these drugs for home                | patient care can               | the Addiction        | Mike Kehoe, |                  |
|     | Alcohol                            | detox due to lack of control of               | follow pgd, make               | Service to produce a | Addiction   |                  |
|     | Chlordiazepoxide detox             | how many tablets patients are                 | changes and                    | pgd to allow supply. | Service     |                  |
|     | guideline                          | taking. Consultant for Addiction              | implement.                     | Invite nurse from    |             |                  |
|     | Opiate detox guidelines            | Service is prescribing the drugs in           |                                | addiction service to |             |                  |
|     | with Lofexidine                    | the interim.                                  |                                | next meeting.        |             |                  |
| 8.  | Borders Joint Formulary            | Revised section of formulary                  | To be first choice             | Update formulary.    | LL          | Bring back       |
|     | Update. Section 13 –               |   | for new .                      |                      |             | NMA's for        |
|     | 13.1 Management of skin conditions |   | treatments in                  |                      |             | new              |
|     | skin conditions                    |   | formulary.                     |                      |             | products to BFC. |
| 9.  | Additional Item                    | Patient safety is compromised by              | Raise awareness                | Discussed under      | See above.  | See above.       |
|     | Regarding Shortage of              | shortage of available BNF's on                | of this shortage to            | item 4.              |             |                  |
|     | BNF's on Wards -                   | wards & OPD and issued to                     | appropriate                    |                      |             |                  |
|     |                                    | practitioners.                                | personnel.                     |                      |             |                  |
|     |                                    |   | Increase number                |                      |             |                  |
|     |                                    |   | of BNF's                       |                      |             |                  |
|     |                                    |   | available                      |                      |             |                  |
| 10. | Shortages with Xenical             | OTC preparations can be                       | Patients can buy               | Ask Dr Declan        | DH          | 11.07.12         |
|     | (orlistat) likely to last          | prescribed on a GP10 when                     | this product over              | Hegarty to bring     |             |                  |
|     | several months                     | product unavailable due to                    | the counter if they            | back to next         |             |                  |
|     |                                    | shortages but issues around                   | wish. 91 patients              | meeting.             |             |                  |
|     |                                    | differing licence agreements for the product. | on this drug how much combined |                      |             |                  |
|     |                                    |   | weight have they               |                      |             |                  |
|     |                                    |   | lost?                          |                      |             |                  |

| 11. | Neuropathic Guidance   | Previously presented to ADTC but    | Ũ                  | Bring back to next  | SH to go on | 11.07.12 |
|-----|------------------------|-------------------------------------|--------------------|---------------------|-------------|----------|
|     |                        | changes have been made as           | original           | ADTC meeting.       | next agenda |          |
|     |                        | requested and also to add extra     | application as     |                     |             |          |
|     |                        | clarity as a result of drug         | requested.         |                     |             |          |
|     |                        | applications to BFC on 18.04.12     |                    |                     |             |          |
|     | For Information and No |                                     | -                  | -                   |             |          |
| 12. | Pyrimethamine          | Urgent script requested from        | Medication has     | Noted by ADTC       | Dr R Murray | Complete |
|     |                        | ophthalmology for pyrimethamine     | been ordered.      | members             |             |          |
|     | Sulfadiazine           | and sulphadiazine for an eye        |                    |                     |             |          |
|     |                        | infection.                          |                    |                     |             |          |
| 13. | Audit and Improvement  | Previous audit has shown poor       | Ward 10 junior Dr  | After initial audit | Anne        | Ongoing  |
|     | Project on MRSA        | prescribing of MRSA eradication     | will audit MRSA    | this will be        | Duguid/Dr E |          |
|     | eradication            | within BGH. Draft protocol was      | prescribing on     | continued           | James       |          |
|     |                        | drawn up in 2010 to allow ICN's     | ward 10. Pre       | throughout the      |             |          |
|     |                        | to prompt ward Dr prescribing by    | printed kardex     | wards at the BGH.   |             |          |
|     |                        | use of pre-printed stickers for the | stickers, affixed  |                     |             |          |
|     |                        | drug Kardex. Protocol has not       | by nurses, which   |                     |             |          |
|     |                        | been piloted yet. Ward 10 junior    | must be signed by  |                     |             |          |
|     |                        | Dr intends using this sticker based | a Dr before        |                     |             |          |
|     |                        | approach as a way of improving      | administration can |                     |             |          |
|     |                        | the prescribing of MRSA             | occur, will be     |                     |             |          |
|     |                        | eradication.                        | piloted as an      |                     |             |          |
|     |                        |                                     | improvement        |                     |             |          |
|     |                        |                                     | method.            |                     |             |          |
| 14. | SOP IV Therapy         | Revised March 2012 V1               | Adjustment made    | ADTC group          | Christine   | Complet  |
|     |                        |                                     | and back for       |                     | Irving/GG   | -        |
|     |                        |                                     | noting.            |                     |             |          |
| 15. | Patient Access Scheme  | Icatibant acetate Guidance Notes    | NHS Borders        | We need to review   | AW          | 11.07.12 |
|     | Implementation Pack    |                                     | currently using a  | what is currently   |             |          |
|     | -                      |                                     | drug called        | being used within   |             |          |
|     |                        |                                     | Berinert.          | NHS Borders         |             |          |
| 16. | A.O.C.B                | For the treatment of renal dialysis | Solution &         | Approved            | AD/EJ       | Complet  |
|     | 2 PGD's for mupirocin  | patients.                           | mouthwash are      |                     |             |          |
|     | 2 Protocols each for   |                                     | not prescription   |                     |             |          |
|     | chlorhexidine topical  |                                     | only medicines so  |                     |             |          |
|     | solution & mouthwash   |                                     | do not require     |                     |             |          |

|     |  | PGD but is still<br>advisable to have<br>all the information<br>that would have<br>been in a PGD in<br>some useful<br>format. |  |  |  |
|-----|--|---|--|--|--|
| 17. | Next Meeting: Wednesday, 11 <sup>th</sup> July 2012 at 12.30 p.m. in the Estates Meeting Room, BGH |   |  |  |  |